



# When your child needs help!!

As a parent, we try to protect our children from having to experience the “pains” of growing-up. Unfortunately, life has its ups and downs, and children will experience their own roller coaster of life. Developmentally, children have not fully learned the skills to appropriately deal with these ups and downs. Children grow and learn from those around them, including family, friends, teachers, and others. And what they learn can also be positive and negative. Sometimes it is hard for parents to not see their children as small adults. Parents can often talk and reason with a child in a way that is not developmentally appropriate. Successes can often go unrewarded, while punishments become the focus of everyday struggles.

Through the work of Howard Glasser of the *Nurtured Heart Approach*, Rick Zapf has developed a style to parenting that has proven results. It does take effort! How willing are you to make a difference in your child’s life?



## Here’s what one parent said...

*“That makes sense! Children want boundaries and want to get rewarded, just like in the video games he plays!”*

## Parents need to...

- Take time for themselves!
- Expect that life transitions will have difficulties!
- Realize children’s developmental levels are not where you would expect them to be!
- Listen to their story (really listen)!!

## Call or Email your Questions...

- What is Child Therapy?
- How young is too young for child therapy?
- What is the difference between Child Therapy and Play Therapy?
- What can help my child?
- What issues have you helped children overcome?



# **Interactive**

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